

FOOD AND MEDICATION INTERACTIONS

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ABSTRACT

Specific nutrients in foods or beverages interact with pharmaceuticals taken at the same time, causing an unpleasant reaction or treatment failure. Food and medicine interactions have a significant impact on drug therapy compliance and success, yet the majority of these interactions go unrecognized and uninformed owing to a lack of understanding, sufficient history, follow-up, or awareness.

KEYWORDS: Food, Drug, Nutrients & Interaction